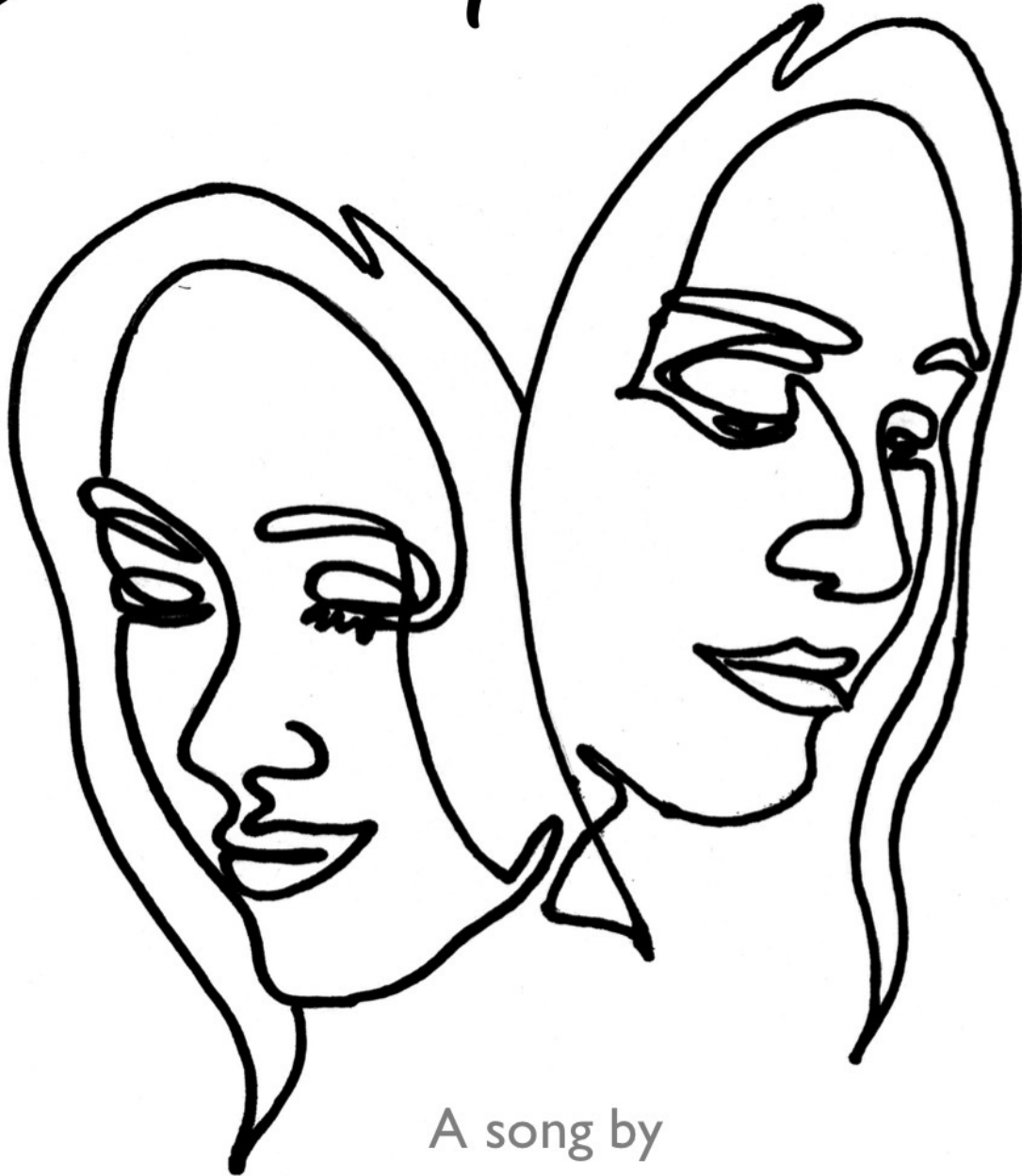


Friends apart and true



A song by

**JOANNA FORBES L'ESTRANGE
& REBECCA WATTS**

andagio

Friends apart and true is the first collaboration by Rebecca Watts and Joanna Forbes L'Estrange

The song, written in May 2020 during the Covid-19 lockdown, expresses the heartache of being separated from those you love



Rebecca Watts is a writer based in Cambridge, UK. She is the author of two collections of poetry, *The Met Office Advises Caution* (2016) and *Red Gloves* (2020), and the editor of *Elizabeth Jennings: New Selected Poems* (2019), all published by Carcanet. Rebecca has sung in choirs for more than a decade, and is currently a member of Aquila, an all-female *cappella* group based at St John's College, Cambridge.



Joanna Forbes L'Estrange is a singer, songwriter, choral composer and choral leader of international acclaim. A Master of Arts graduate of Oxford University, she began writing music as director of the multi-award-winning vocal group *The Swingles*. Her songs reflect a life-long love of close harmony vocals, folk music and jazz. She regularly collaborates with her husband, the composer and multi-instrumentalist Alexander L'Estrange.

Approximate duration:
4 minutes

Scoring:
SSA upper voice choir + piano accompaniment

Also available:
Solo voice + piano accompaniment

Friends apart and true

Rebecca Watts

Joanna Forbes L'Estrange
(piano part by Harry L'Estrange)

Gentle ♩ = c. 72

ALL

Gentle ♩ = c. 72

mp espress.

con ped.

pp

Db Gb(add9) Gb Fm7 Ebm7 Ab⁹(sus4) A

I. You led the

VERSES 1-4

Vv. 2 & 4 only

S. 1

S. 2

A.

ALL (vv. 1 & 3)

ooh ooh

way when we were young, You weren't a - fraid of a - ny - one; I was the
(2.) how and where to go, To brave the wind and rain and snow, You taught me
(3.) waves of thir - ty years, Shar - ing our joys and tears, I thought I'd
(4.) rage, some - times we'd fight, But things would al - ways turn out right, 'Cos we were

Vv. 2 & 4 only

ooh ooh

VERSES 1-4

Db Gb(add9) Gb Db Ab(sus4) Ab

10 (ALL)

S. 2

(1.) moon you were the sun. 2. You showed me
(3.) al - ways have you near. 4. Some - times we'd

I. Gbmaj7 Eb⁷/G Ab(sus4) Ab⁷

N.B. The style of this song is influenced by folk music. Rather than being bound by the written-out rhythms, choirs should feel at liberty to interpret them to find an expression of the lyrics which feels and sounds as natural as possible.

13

S. 1
ooh
On sum-mer
In dark-est
(CHO. I only)

S. 2
(2.) e - - v'ry-thing I know.
(4.) there for each o-ther, day and night.
On sum-mer
(CHO. I only)

A.
ooh
On sum-mer

Gbmaj7 Ab7(sus4) Db Db(sus4) Db

CHORUS 1/2

16 **ALL (CHO. I)**

S. 1
(1.) days I think of you, I know you're think - ing of me too. We're friends a -
(2.) hours I think of you,
Chorus 2 only

S. 2
ooh friends a -

A.
ooh friends a -

CHORUS 1/2

Gb(add9) Fm7 Ebm7 Fm7

20 **S. I / ALL (CHO. I)**

S. 1 part _____ and true. Then trou-ble

S. 2 part _____ and true. 3. We rode the Then trou-ble

A. part _____ and true. Then trou-ble

più mf

Ebm7 Ab9(sus4) Db Db(sus4) Db Db

MIDDLE 8

24 **(ALL)**

came, and trou-ble stayed, Turned your sun - shine in - to shade, And

MIDDLE 8

C#m G#m A E(add2)/G#

mp cresc.

28

taught you how to feel a- fraid, And took from you the life you'd made. Oh sis - ter

F#m7 B9(sus4) B7 Emaj7 Amaj7 /G# F#m7 G#7

32 (ALL)

can you hear my voice? How I long to hear your voice. I know you did - n't

C#m G#m A E(add2)/G# F#m7 B9(sus4) B7

mf

poco rit.

37

S. 2 & A.

have a choice; You were forced to make a sa - cri - fice. And so we

Emaj7 Amaj7 /G#

poco rit.

VERSE 5

A tempo

S. 1 our sep-rate ways, we've had to pay.

S. 2 went our sep-rate ways, That's just the price we've had to pay. And now I

A. went our sep-rate ways, That's just the price we've had to pay. And now I

VERSE 5

A tempo

Db Gb(add9) Gb Db

pp

poco rit.

45

S. 1 I miss you ev-'ry day. And when I'm

S. 2 miss you ev-'ry day. And when I'm

A. miss you ev-'ry day. And when I'm

G^bmaj7 A^b7(sus4) D^b D^b(sus4) D^b

poco rit.

CHORUS 3

A tempo

48

old, I'll think of you, And know you're think - ing of me_ too. We're friends a-

old, I'll think of you, And know you're think - ing of me_ too. We're friends a-

old, I'll think of you, And know you're think - ing of me_ too. friends a-

CHORUS 3

A tempo

G^b(add9) Fm⁷ Ebm⁷ Fm⁷

52 **poco rit.**

S. 1
part _____ and _____ true. _____ friends a -

S. 2
part _____ and _____ true. _____ We're friends a -

A.
part _____ and _____ true. _____ We're friends a -

Ebm7 Ab9(sus4) Bbm Eb7

55 **Slower rit..**

part _____ and _____ true.

part _____ and _____ true.

part _____ and _____ true.

Slower rit..

ppp

Other pieces for upper voice choirs by Alexander L'Estrange & Joanna Forbes L'Estrange

Amazing grace	SSAA (unaccomp.)	<i>andagio</i>
An Irish blessing	SSA + piano & opt. flute	Faber Music
A woman (wearing bloomers) on a wheel	SSA + piano	Faber Music
Eva Cassidy songs	SA + piano	Faber Music
1. Over the rainbow		
2. Autumn leaves		
3. Wade in the water		
Challenge 2020	Unison/2-part + piano	<i>andagio</i>
1. Be brave, be bold, begin		
2. Body, mind and soul		
3. Get out!		
Give us grace	SSA (unaccomp.)	<i>andagio</i>
High as the heavens	SSAA (unaccomp.)	<i>andagio</i>
Suffragette march	SSA + piano	<i>andagio</i>
The three wise women	SSA + piano	<i>andagio</i>
The Twyford Carols	SA + piano & opt. percussion	Faber Music
1. Rejoice, rejoice!		
2. Save the world		
3. Come and see		
4. Rejoice, rejoice (reprise)		
This is our world	SSAA + piano	SingUp
Twenty-first-century woman	SSA + piano	<i>andagio</i>
We will remember them	SSA + piano & opt. trumpet	<i>andagio</i>
Winter songs	Unison/2-part + piano	Faber Music
1. Hibernation		
2. Reality check		
3. Presence		

(Demo recordings and other learning resources can be found on the web pages below)

andagio

For CDs, sheet music and digital downloads of compositions
by Alexander L'Estrange & Joanna Forbes L'Estrange

www.alexanderlestrange.com/shop

www.joannaforbeslestrange.com/composing

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